

Doon School Srinagar

[HMT, Opposite Hokarsar, National Highway 1A, Srinagar, J&K, India]

Ph: +91 9103155601, 9103155603, Email: info@doonsrinagar.com, www.doonsrinagar.com

Affiliated to CBSE New Delhi, Affiliation No. 730082

SYLLABUS BREAKUP – 2025/ 26

[Grade: VII]

ENGLISH

MARCH

CHAPTER/TOPIC		TEACHING PERIODS
Course Book <ul style="list-style-type: none">- A Hero- The Taste of Watermelon- The Flower School Literature Reader <ul style="list-style-type: none">- When Wishes Come True- The Village Blacksmith		
1 ST WEEK	-A Hero -The Taste of Watermelon	
2 ND WEEK	Literary Devices -The Flower School -When Wishes Come True (Recitation Assessment)	
3 RD WEEK	Writing Task <ul style="list-style-type: none">- Biographical Sketch (R K Narayan and Rabindranath Tagore)- Poster Making Grammar <ul style="list-style-type: none">- Order of Adjectives- Punctuation (Worksheets)	
4 TH WEEK	Grammar <ul style="list-style-type: none">- Conjunctions - Coordinating , Subordinating and Correlative- Worksheet based on the topic	

APRIL

CHAPTER/TOPIC		TEACHING PERIODS
Course Book Atlantis The Diary of A Space Traveller The Lake Isle Innisfree		
1 ST WEEK	Atlantis (Reading Assessment) The Diary of A Space Traveller (Subject Enrichment) The Lake Isle Innisfree	
2 ND WEEK	Vocabulary Development (Antonym/ Synonym) Writing Task (Itinerary) Activity : Post Card Making Literature Read : The Last Mason	

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[Grade: VII]

ENGLISH

3 RD WEEK	REVISION
4 TH WEEK	PRE-MID EXAMINATION

MAY

CHAPTER/TOPIC		TEACHING PERIODS
Course Book The One Who Survived The Naraypur Incident Florence Nightingale Michelin Star Chef Vikas Khanna	Literature Read A Hornbill Called Harold	
1 ST WEEK	The One Who Survived Florence Nightingale	
2 ND WEEK	Literature Read A Hornbill Called Harold Grammar: Verbs, Subject - Predicate, Subject - Object Types of Verbs : Transitive Intransitive	
3 RD WEEK	The Naraypur Incident Activity: Mind Map Writing: Formal Letter Writing (School Authority)	
4 TH WEEK	Michelin Star Chef Vikas Khanna Activity: Recipe Making (Steps) Grammar- Tenses: Simple Tenses	
5 TH WEEK	Writing : Informal Letter Writing (Theme Food) Speaking Activity: Theme Food	

JUNE

CHAPTER/TOPIC		TEACHING PERIODS
Course Book Experiments It's Fun to Cook	Literature Read The Night We Won The Buick	
1 ST WEEK	Experiments	
2 ND WEEK	It's Fun to Cook The Night We Won The Buick	
3 RD WEEK	REVISION	
4 TH WEEK	MID-TERM EXAMINATION	

JULY

CHAPTER/TOPIC	TEACHING PERIODS
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[Grade: VII]

ENGLISH

1 ST WEEK	MID-TERM EXAMINATION
2 ND WEEK	
3 RD WEEK	
4 TH WEEK	
5 TH WEEK	SUMMER BREAKS

AUGUST

CHAPTER/TOPIC		TEACHING PERIODS
Course Book The Ransom of Red Chief Bidesia Babu Goodbye Party for Miss Pushpa T.S	Literature Read Two's Company The Clock	24
1 ST WEEK	The Ransom of Red Chief Literature Read : Two's Company (Recitation Assessment)	
2 ND WEEK	Bidesia Babu Grammar : Continuous Tenses	
3 RD WEEK	Grammar : Perfect Tenses Worksheets	
4 TH WEEK	Goodbye Party For Miss Pushpa T S Writing : Formal Letter (Letter to the Editor)	

SEPTEMBER

CHAPTER/TOPIC		TEACHING PERIODS
Course Book What Lucy Found There The Adventures of Blue Carbuncle	Literature Read The Clock	
1 ST WEEK	What Lucy Found There Literature Read The Clock (Reading Assessment)	
2 ND WEEK	The Adventures of Blue Carbuncle	
3 RD WEEK	REVISION	
4 TH WEEK	POST-MID EXAMINATION	

OCTOBER

CHAPTER/TOPIC		TEACHING PERIODS
Course Book The Cabin of Mystery	Literature Read Packing	

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SYLLABUS BREAKUP – 2025/ 26

[Grade: VII]

ENGLISH

Micheal	
1 ST WEEK	The Cabin of Mystery Literature Read Packing
2 ND WEEK	Literature Read Micheal (Subject Enrichment)
3 RD WEEK	Writing : Paragraph Writing Email Writing
4 TH WEEK	Grammar: Active and Passive Voice

NOVEMBER

CHAPTER/TOPIC		TEACHING PERIODS
1 ST WEEK		
2 ND WEEK	REVISION	
3 RD WEEK	FINAL TERM EXAMINATION	
4 TH WEEK	FINAL TERM EXAMINATION	



دون اسکول سرینگر

ایچ ایم ٹی ہو کر سر نیشنل ہائی وے، سرینگر، جموں کشمیر، انڈیا

رابطہ نمبر: +91 9103155601, 9103155603

Affiliated to CBSE New Delhi, Affiliation No. 730082

تقسیم نصاب باپت سال ۲۰۲۵

جماعت: ہفتم

مضمون: اردو

ماہ مارچ

مطلوبہ دروس	عملی کام: املا
	اسباق
پہلا ہفتہ	اردو زبان کا آغاز و ارتقاء۔ بابائے اردو کا تعارف
دوسرا ہفتہ	نظم ”مناجات“۔ فلورینس نائٹ انگیل
تیسرا ہفتہ	حکایات بوستان (جواں مرد بن جا)
چوتھا ہفتہ	نظم: تندرستی (رموز اوقاف)

ماہ اپریل

مطلوبہ دروس	عملی کام: (کرداروں کے ذریعے کہانی کی پیشکش)
	اسباق
پہلا ہفتہ	انٹرنیٹ
دوسرا ہفتہ	اسم۔ اسم جامد۔ اسم نکرہ۔ اسم معرفہ۔ واحد جمع
تیسرا ہفتہ	اعادہ
چوتھا ہفتہ	پری میڈ ٹرم امتحان
پانچواں ہفتہ	پودوں کی اقسام

ماہ مئی

مطلوبہ دروس	عملی کام: درست تلفظ
	اسباق
پہلا ہفتہ	پودوں کی اقسام۔ مترادفات۔ متضاد
دوسرا ہفتہ	پرندے کی فریاد۔ حروف کی اقسام
تیسرا ہفتہ	مضمون نگاری۔ خطوط نگاری (نجی)

چوتھا ہفتہ	مسلمانوں کی سائنسی اور تمدنی خدمات
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ماہ جون

مطلوبہ دروس	عملی کام: کسی ایک مسلم سائنس دان کی خدمات پر تقریری مقابلہ
	اسباق
پہلا ہفتہ	مسلمانوں کی سائنسی اور تمدنی خدمات
دوسرا ہفتہ	مسلمانوں کی سائنسی اور تمدنی خدمات۔ خطوط نگاری (دفتری)
تیسرا ہفتہ	اعادہ گزشتہ اسباق
چوتھا ہفتہ	مڈ ٹرم امتحان

ماہ جولائی

مطلوبہ دروس	عملی کام: تحریری مقابلہ
	اسباق
پہلا ہفتہ	مڈ ٹرم امتحان
دوسرا ہفتہ	مولانا ابوالکلام آزاد
تیسرا ہفتہ	مولانا ابوالکلام آزاد

چوتھا ہفتہ	تذکیر و تانیث۔ فعل، فاعل، مفعول
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ماہ اگست

مطلوبہ دروس	عملی کام پیشکش
	اسباق
پہلا ہفتہ	نظم۔ غزل۔ نعت۔ دعا۔ اور منقبت کا تعارف
دوسرا ہفتہ	شہد
تیسرا ہفتہ	نظم بہادر بنو
چوتھا ہفتہ	پلاسٹک

ماہ ستمبر

مطلوبہ دروس	عملی کام پیشکش
	اسباق
پہلا ہفتہ	پلاسٹک
دوسرا ہفتہ	تعارف: رباعی، مسدس، مخمس

تیسرا ہفتہ	اعادہ
چوتھا ہفتہ	پوسٹڈ ٹرم امتحان

ماہ اکتوبر

مطلوبہ دروس	عملی کام: بحث و مباحثہ
	اسباق
پہلا ہفتہ	قافیہ، مصرعہ، شعر، تشبیہ، محاورات
دوسرا ہفتہ	جارج واشنگٹن
تیسرا ہفتہ	جارج واشنگٹن
چوتھا ہفتہ	(اعادہ) رباعیات، واحد جمع، تذکیر و تانیث، متضاد الفاظ، مترادفات

ماہ نومبر

مطلوبہ دروس	
	اسباق
پہلا ہفتہ	اعادہ

دوسراہفتہ	اعادہ
تیسراہفتہ	اعادہ
چوتھاہفتہ	سالانہ امتحان

ماہ دسمبر

مطلوبہ دروس	
	اسباق
پہلاہفتہ	سالانہ امتحان
دوسراہفتہ	-----
تیسراہفتہ	-----
چوتھاہفتہ	-----

SYLLABUS BREAKUP – 2025/ 26

[Grade:VII]

SCIENCE

MARCH

CHAPTER/TOPIC		TEACHING PERIODS
1) NUTRITION IN PLANTS 2) HEAT AND ITS EFFECTS 3) STRUCTURE OF MATTER.		
1 ST WEEK	Nutrition in plants I) Nutrition and its types. II) Autotrophic nutrition in plants. III) Heterotrophic nutrition IV) Saprotrophs	
2 ND WEEK	Vi) Activity: to test a leaf for starch to show that light is necessary for photosynthesis. Vii) question/ answers discussion. Heat and its effects I) What is heat II) Effects of heat III) Expansion in solids, liquids and gases Activity: based on expansion of solids liquids (ring and ball experiment) difference between laboratory thermometer clinical thermometer and 4 head strip thermometer. V) Question/answers discussion	
3 RD WEEK	Structure of matter I) what is matter made up of? II) Elements and compounds III) Mixtures IV) Formulae V) Chemical equations	
4 TH WEEK	I) Replenishing nutrients in the soil. II) Temperature and its measurement. III) Chemical equations Activity: based on experimental investigation (3D models of atoms molecules), to find out the difference in the properties of compound and mixture using iron and sulphur. V) Question/answers discussion.	

APRIL

CHAPTER/TOPIC		TEACHING PERIODS
NUTRITION IN ANIMALS FLOW OF HEAT		
1 ST WEEK	Nutrition in animals I) Nutrition in Amoeba, Hydra and Frog. II) The human digestive system III) Ruminants	

	Activity: experimental observation of models of permanent set of teeth/ human digestive system IV) Question/answer discussion.
2 ND WEEK	Flow of Heat I) Conduction II) Convection III) Radiation IV) Thermos flask Activity: to show that some materials are conductors of heat and some are insulators. V) Question/answer discussion
3 RD WEEK	REVISION
4 TH WEEK	PRE-MID EXAMINATION

MAY

CHAPTER/TOPIC		TEACHING PERIODS
ANIMAL FIBRES		
ACID,BASES AND SALT		
WEATHER, CLIMATE AND ADAPTATION.		
1 ST WEEK	Animal fibres I) Climate and clothes II) Natural fibres III) Wool IV) Silk Activity: Collect samples of different types of clothes /To differentiate natural silk and wool from artificial synthetic fibre. V) Question/ answer discussion	
2 ND WEEK	Acid, Bases and Salt. I) Acid and Bases II) Their important properties	
3 RD WEEK	III) The preparation and uses of salts IV) Relation between an acid and base V) Naming Salts	
4 TH WEEK	Activity litmus test for base and acid VI) Question/answer discussion Weather, Climate and Adaptation. I) Weather II) Climate III) Effect of the sun on climate	
5 TH WEEK	IV) Climate and Adaptation V) Adaptation to the hot and wet climates	

JUNE

CHAPTER/TOPIC		TEACHING PERIODS
MOTION AND TIME		
PHYSICAL AND CHEMICAL CHANGES		
1 ST WEEK	Motion and Time. I) Standard units II) Measurement of time III) Speed IV) Uniform motion V) Distance time graph	
2 ND WEEK	Activity: working of sundial. VI) Question /answer discussion Physical and Chemical Change II) Characteristics of chemical reactions III) Types of chemical reactions IV) Separating solid from a solution	

	Activity based on displacement reaction V) question/answer discussion
3 RD WEEK	REVISION
4 TH WEEK	MID-TERM EXAMINATION

JULY

CHAPTER/TOPIC		TEACHING PERIODS
RESPIRATION		
SOIL		
TRANSPORTATION OF MATERIAL IN PLANTS AND ANIMALS		
1 ST WEEK	MID-TERM EXAMINATION	
2 ND WEEK	Respiration I) Respiration in plants II) The respiratory system in humans III) Types of respiration Activity based on mechanism of breathing VI) question/answer discussion	
3 RD WEEK	Soil I) Composition of soil II) Formation of soil III) Soil Profile IV) Properties of soil	
4 TH WEEK	V) Soil and crops Activity: based on observation of water by the soil. Transportation of materials in plants and animals I) Transportation of materials in plants II) Transportation of material in animals III) Excretion in animals and humans Activity based on osmosis/ transpiration in leaves	
5 th WEEK	SUMMER BREAKS	

AUGUST

CHAPTER/TOPIC		TEACHING PERIODS
REPRODUCTION IN PLANTS		
WIND STORM AND CYCLONE		
1 ST WEEK	Reproduction in plants I) Asexual reproduction in plant II) Vegetative reproduction III) Types of reproduction	
2 ND WEEK	IV) Artificial method of vegetative reproduction V) Sexual reproduction VI) Pollination and its types Activity: vegetative reproduction.	
3 RD WEEK	Wind storm and cyclone I) Natural disasters II) Air pressure III) High speed wind causes reduce pressure	
4 TH WEEK	IV) Air expand on heat V) Wind current VI) Thunderstorm VII) Cyclone Activity based on pressure, air exerts pressure in all direction, Air expands on heating and contracts on cooling.	

SEPTEMBER

CHAPTER/TOPIC		TEACHING PERIODS
LIGHT OUR FOREST		
1 ST WEEK	Light I) Rectilinear propagation of light II) Reflection of light III) Real and virtual image IV) Spherical mirrors Activity based on the lenses /mirror cases. Question/ answer discussion	
2 ND WEEK	Forest I) Forest wealth II) Producers consumers and decomposers III) Food chain IV) Balance in nutrition V) Forest conservation	
3 RD WEEK	REVISION	
4 TH WEEK	POST-MID EXAMINATION	

OCTOBER

CHAPTER/TOPIC		TEACHING PERIODS
LIGHT ELECTRIC CURRENT AND ITS EFFECT WATER MANAGEMENT		
1 ST WEEK	Light I) lenses II) spectrum Electric current and its effect I) Electric current and circuit	
2 ND WEEK	II) Effects of electric current III) The electromagnetic Activity: To make an electric circuit/ electromagnet.	
3 RD WEEK	Water management I) Wastewater and water II) Importance of drainage and sanitation IV) The sewage system	
4 TH WEEK	IV) Sewage treatment V) Alternate sewage disposal methods Activity: Alternative sewage disposal method	

NOVEMBER

CHAPTER/TOPIC		TEACHING PERIODS
1 ST WEEK	REVISION	
2 ND WEEK	REVISION	
3 RD WEEK	FINAL TERM EXAMINATION	
4 TH WEEK	FINAL TERM EXAMINATION	



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SYLLABUS BREAKUP

Grade: VII

SESSION 2025

Social Sciences

MARCH

CHAPTER/TOPIC		TEACHING PERIODS
		20
1. THE MEDIEVAL WORLD		
1. OUR ENVIRONMENT		
1 ST WEEK	1. Introduction of the medieval world, major historical developments. Sources of history- Archaeological and literary sources.	
2 ND WEEK	1. Chronicles, autobiographies and biographies and travelogues. 2. Introduction of environment,- Natural environment(biotic and abiotic), lithosphere, hydrosphere, Atmosphere.	
3 RD WEEK	1. Biosphere. 2. Ecosystem, Human environment and evolution of Human beings.	
4 TH WEEK	1. Human environment interaction. 2. Ecosystem and Environmental Pollution.	

APRIL

CHAPTER/TOPIC		TEACHING PERIODS
2. RELIGIOUS BELIEFS 3. INSIDE OUR EARTH		12
1 ST WEEK	1. Bhakti tradition , Bhakti Saints/ their teachings. 2. Kabir (philosophy, work and death). 3. Gura Nanak (philosophy, work and death) & the Sufi tradition. 4. Chisti Silsilah, Suharwadi Silsilah (Philosophy, work and their teachings).	
2 ND WEEK	1. Introduction to Inside our earth, Structure of the Earth , 2. Materials of Earth's Crust , Types of Rocks. 3. Rock Cycle.	

3 RD WEEK	Revision
4 TH WEEK	Pre- Mid Term Exams(21 April- 25 April 2025)

MAY

CHAPTER/TOPIC		TEACHING PERIODS
4. THE SULTANATE PERIOD 5. STATE GOVERNMENT		18
1 ST WEEK	1. Introduction, Sources, The slave dynasty, Qutb din Aibak, Shams-ud din Iltutmush, Raziya Sultan, Balban, Khalji dynasty(all rulers) 2. Economic measures, reforms, Administration, Introduction to Tughluq Dynasty.	
2 ND WEEK	1. The Tughluq Dynasty (All Rulers) 2. The Sayyid Dynasty 3. The Lodhi Dynasty	
3 RD WEEK	1. State legislature 2. Legislative council 3. Legislative assembly	
4 TH WEEK	1. Bill to act 2. State Functionaries- Governor, CM, COM, Civil services and Advocate general.	

June

CHAPTER/TOPIC		TEACHING PERIODS
7. MAJOR LANDFORMS		08
1 ST WEEK	1. Work of river and sea-waves	
2 ND WEEK	2. Work of Moving ice and work of wind	
3 RD WEEK	Revision	
4 TH WEEK	Mid-term Exams- (25 th June- 5th July, 2025)	

July

CHAPTER/TOPIC		TEACHING PERIODS
8. LIFE IN TEMPERATE GRASSLANDS		12
2 ND WEEK	1. Introduction to tribal societies, 2. Occupations, some tribal groups, 3. Life of the nomadic tribal groups, Changing nature of tribal society. 4. Gonds and Ahoms.	
3 RD WEEK	1. The Prairies- Climatic Conditions, Flora and Fauna. 2. People and their economic activities.	

4 TH WEEK	3. The Veld- Climatic Conditions, Flora and Fauna, 4. People and their Economic Activities.
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August

CHAPTER/TOPIC		TEACHING PERIODS
9. THE GREAT MUGHALS 10. DEMOCRACY IN ACTION		10
1 ST WEEK	1. Babur- Battles, Achievements. 2. Humayun- Difficulties and Battles. 3. The Sur Empire- Sher Shah, Achievements and Successors. 4. Akbar- Expansion and consolidation. 5. Akbar's Policies- Rajput policy, Religious policy, Ibadat Khana, Tauhid-i-Ilahi or Din-i-ilahi	
2 ND WEEK	1. Jahangir 2. Military Campaigns 3. English Traders 4. Nur Jahan 5. Jahangir-The King 6. Shah-Jahan- Military campaigns, European traders	
3 RD WEEK	1. Aurangzeb-Revolts, Deccan Policy. 2. The Mughal Court 3. Administration 4. Agriculture	
4 TH WEEK	1. Universal Adult Franchise 2. Elections- Secret Ballot, Simple Majority system, Constituency, Officers on election duty, General election, By-election and Mid-term election, Election Campaign, Election Manifesto. 3. Political Parties- Party Systems, Functions of political parties, Role of the opposition parties.	

September

CHAPTER/TOPIC		TEACHING PERIODS
10. DEMOCRACY IN ACTION (CONTINUED) 11. MARKETS AROUND US		20
1 ST WEEK	1. Political parties in India. 2. Coalition governments. 3. National Parties. 4. State Parties, Election Symbols.	
2 ND WEEK	1. Importance of a Market, Benefits of Marketing, 2. Channels of Distribution 3. Types of trade 4. Channels of Distribution 5. Types of trade	
3 RD WEEK	Revision	
4 TH WEEK	Post Mid-term- (22nd-27th September,2025)	

October

CHAPTER/TOPIC	TEACHING PERIODS
12. NATURAL VEGETATION AND WILDLIFE	12

13. ROLE OF GENDER	
1 ST WEEK	1. Forests- Tropical Evergreen Forests, Tropical Deciduous Forests, Temperate Evergreen Forests, Temperate Deciduous Forests, Mediterranean Forests and Coniferous Forests.
2 ND WEEK	1. Grasslands- Tropical Grasslands and Temperate Grasslands. 2. Shrubs. 3. Desert vegetation, Tundra vegetation. 4. Wildlife- Animals of the tropical region, animals of the temperate regions, animals of the grasslands, animals of the deserts and animals of the cold regions.
3 RD WEEK	1. Gender 2. Gender and social inequalities. 3. Economic aspects of gender.
4 TH WEEK	4. The invisibility of women's work. 5. Women's Empowerment.

November

CHAPTER/TOPIC		TEACHING PERIODS
14. Water		12
1 ST WEEK	1. Water cycle. 2. Distribution of water bodies. 3. Temperature, salinity and circulation of ocean water.	
2 ND WEEK	4. Waves 5. Tsunami 6. Tides 7. Ocean Currents	
3 RD WEEK	Revision	
4 TH WEEK	Final-Term Examination (24th November- 6th December, 2025)	



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SYLLABUS BREAKUP – 2024/ 25

[Grade: VI]

Social Studies

		TEACHING PERIODS

APRIL

CHAPTER/TOPIC ; studying the past		TEACHING PERIODS
Geog : The Earth and the Solar system		
Civics : All human Beings are Equal		
History. : Early human 1		
1 ST WEEK	New SESSION STARTS Introduction to the topic Studying the Past. Why we study History ?	
2 ND WEEK	Stone Ages Technique of making tools Painting, sites .	
3 RD WEEK	Introduction to the topic. The solar System. The Sun . planets . / Satellite Asteroids/Comets,the Constellation. Book work	
4 TH WEEK	All Human Beings are Equal Introduction to topic Prejudice, Discrimination	

MAY

CHAPTER/TOPIC : Civics : All human Beings are Equal (cont)		TEACHING PERIODS
History. : Early Human. _ 2		
Geog : : Globes and Maps (self study)		
1 ST WEEK	Stereotypes Fundamentals Rights Book work	
2 ND WEEK	Revision	

3 RD WEEK	PRE-MID EXAMINATION(13 TH MAY-18 th MAY)
4 TH WEEK	The Stone age , Sites Technique of the Tool making Rock painting.. Book work
5 TH WEEK	Human produce food / invention of wheel Archaeological sources The Chalcolithic Age Book work

JUNE

CHAPTER/TOPIC / Geog : latitudes and Longitude Civic : Forms of Government History. : life in Village and Towns (presentation/ Self study)		TEACHING PERIODS
1 ST WEEK	Parallels and Meridian Importants Heat zones	
2 ND WEEK	Local time and standard time Book work	
3 RD WEEK	Forms of Government Democracy and Authoritarian Unitary as nd federal	
4 TH WEEK	Written and unwritten Rigid and flexible constitution Book work	

JULY

CHAPTER/TOPIC : History: The Age Of Vedas Geog : Motion of the Earth Civics. : local self government , District Administration (Self study)		TEACHING PERIODS
1 ST WEEK	Introduction to topic The Vedas. Daily life and Occupation	
2 ND WEEK	Inamagaon Archaeological finds .Book work	
3 RD WEEK	Introduction to topic Motion of the Earth Rotation and Revolution, Circle of illumination	
4 TH WEEK	Length of day and night Effect of the Earth Revolution Book work	
5 th WEEK	Summer Break	

AUGUST

CHAPTER/TOPIC: History: The Early Kingdoms Civics. Democracy		TEACHING PERIODS
1 ST WEEK	Introduction to early kingdoms Janapada, Mahajanapd Magadha, the Vaji Confederancy	
2 ND WEEK	Democracy formation of Government Election ,Formation of Democracy Featured of Democracy. Formulation of public Opinion ,Book work	

3 RD WEEK	Revision
4 TH WEEK	MID-TERM EXAMINATION
5 TH WEEK	MID-TERM EXAMINATION

SEPTEMBER

CHAPTER/TOPIC		TEACHING PERIODS
History: First Empire The Mauryas Geog : India: location and political divisions History: Growth of new ideas(self study)		
1 ST WEEK	Sources of information Mauryan Empire Kalinga War Ashoka s Dhamma	
2 ND WEEK	Administration of Mauryan Book work	
3 RD WEEK	Introduction location and Extent Political divisions of India	
4 TH WEEK	State Map work Book work	

OCTOBER

CHAPTER/TOPIC		TEACHING PERIODS
Civics. Panchayat Raj System Geog physical features of India Geog : India Natural vegetation (self study)		
1 ST WEEK	Structure of the panchayat Village level Gram Sabha Gram panchayat	
2 ND WEEK	Block level Block Samiti,Composition District level	
3 RD WEEK	Physical features of India The Northern Mountains (Map work) The Northern plains. (Map work)	
4 TH WEEK	Peninsula plateau Coastal plains Map work Book work	

NOVEMBER

CHAPTER/TOPIC		TEACHING PERIODS
History. Post Mauryan period		
1 ST WEEK	Introduction Three kingdoms of Tamilakam Religion and Administration Book work Map work	
2 ND WEEK	Revision	
3 RD WEEK	POST-MID EXAMINATION(16 th NOVEMBER-25 th NOVEMBER)	
4 TH WEEK	POST-MID EXAMINATION	

DECEMBER

CHAPTER/TOPIC		TEACHING PERIODS

1 ST WEEK	
2 ND WEEK	



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SYLLABUS BREAKUP – 2025

[Grade: VII]

MATHEMATICS

MARCH

CHAPTER/TOPIC: 1. INTEGERS 2. FRACTIONS		TEACHING PERIODS
1 ST WEEK	INTEGERS (INTRODUCTION), absolute value of integers, addition / subtraction of integers , multiplication of integers,	
2 ND WEEK	Division of integers. Properties of integers, simplification of mathematical expressions, word problems.	
3 RD WEEK	FRACTIONS (INTRODUCTION), additional / subtraction of numbers, multiplication of mixed fractions , multiplication of three or more fractions	
4 TH WEEK	Reciprocal of a fraction ,division of a fraction by a whole , mixed operation in fractions	

APRIL

CHAPTER/TOPIC 9. LINES AND ANGLES 3. DECIMALS 10. PROPERTIES OF TRIANGLES		TEACHING PERIODS
1 ST WEEK	LINES AND ANGLES (INTRODUCTION), special pair of angles, transversal Pairs of lines. DECIMALS (INTRODUCTION), additional and subtraction of decimals, multiplication of decimals	
2 ND WEEK	Division of decimals, units of measurements, word problems PROPERTIES OF TRIANGLES(INTRODUCTION),Types of triangles ,medians of a triangles,	
3 RD WEEK	REVISION	
4 TH WEEK	PRE-MID EXAMINATION	

MAY

CHAPTER/TOPIC: 10. PROPERTIES OF TRIANGLES(CONT.) 11. SYMMETRY 4. RATIONAL NUMBERS 5. POWERS AND EXPONENTS		TEACHING PERIODS
1 ST WEEK	Angle sum property, properties of a triangle Two special types of triangles, Pythagoras theorem	
2 ND WEEK	SYMMETRY: LAB Activity: Translation, Reflection, Rotational symmetry. RATIONAL NUMBERS (INTRODUCTION), rational numbers on a number line,	
3 RD WEEK	Comparison of rational numbers. Rational numbers between two rational numbers, Absolute value of rational numbers.	
4 TH WEEK	Addition of rational numbers, subtraction of rational numbers, Multiplication of rational numbers, division of rational numbers, rational numbers as decimals word problems	

5 TH WEEK	EXPONENTS AND POWERS (INTRODUCTION), exponents on the negative integers, exponents on the rational numbers, Laws of exponents ,scientific notation ,
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JUNE

CHAPTER/TOPIC: 16. DATA HANDLING	TEACHING PERIODS

1 | DOON SCHOOLS RINAGAR

1 ST WEEK	Collection of data. Organization of data. Understanding the data.
2 ND WEEK	Bar graphs and probability.
3 RD WEEK	REVISION
4 TH WEEK	MID-TERM EXAMINATION

JULY

CHAPTER/TOPIC: 6. ALGEBRAIC EXPRESSIONS 12. VISUALISING SOLID SHAPES	TEACHING PERIODS
1 ST WEEK	MID-TERM EXAMINATION
2 ND WEEK	ALGEBRAIC EXPRESSIONS (INTRODUCTION), terms of an algebraic expression,
3 RD WEEK	Types of algebraic expression, addition /subtraction of algebraic expression, formula and its power
4 TH WEEK	Finding the value of an algebraic expression LAB ACTIVITY: Visualising solid shapes. Drawing solid shapes. Nets
5 TH WEEK	SUMMER BREAK

AUGUST

CHAPTER/TOPIC: 7. SIMPLE LINEAR EQUATIONS 13. CONGRUENCE OF TRIANGLES 14. CONTRUCTIONS	TEACHING PERIODS
1 ST WEEK	SIMPLE LINEAR EQUATIONS (INTRODUCTION), balancing an equation ,root of an equation
2 ND WEEK	Transposition method framing equation from solutions word problems
3 RD WEEK	CONGRUENCE OF TRIANGLE (INTRODUCTION), congruence, congruence through superposition ,
4 TH WEEK	Congruence of simple geometrical shapes

SEPTEMBER

CHAPTER/TOPIC: 14. CONSTRUCTIONS(CONT.) 15. PERIMETER AND AREA	TEACHING PERIODS
1 ST WEEK	CONSTRUCTIONS (INTRODUCTION), Constructions of parallel lines and triangles.
2 ND WEEK	CHAPTER NO 15: PERIMETER AND AREA (INTRODUCTION), Perimeter, area, area of paths
3 RD WEEK	REVISION
4 TH WEEK	POST MID-TERM EXAMINATION

OCTOBER

CHAPTER/TOPIC: 15. PERIMETERAND AREA (CONT.) 8. COMPARING QUANTITIES		TEACHING PERIODS
1 ST WEEK	Area of a parallelogram, area of a triangle, circumference of a circle ,area of a circle	
2 ND WEEK	Circumference of a circle, area of a circle. Applications in Real life situations.	
3 RD WEEK	COMPARING QUANTITIES (INTRODUCTION), Ratio, simplest form of a ratio, comparison of ratios	
4 TH WEEK	Proportion ,unitary methods, percentage , to find the given percentage of a given quantity	

NOVEMBER

CHAPTER/TOPIC: 8. COMPARING QUANTITIES (CONT.)		TEACHING PERIODS
1 ST WEEK	Profit and loss, simple interest ,word problems	
2 ND WEEK	REVISION	
3 RD WEEK	FINAL TERM EXAMINATION	
4 TH WEEK	FINAL TERM EXAMINATION	



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SYLLABUSBREAKUP-2025/26

{Grade-VII}

HINDI

MARCH

CHAPTER/TOPIC		TEACHING PERIODS
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1 ST WEEK	मातृ -भू शत-शत बार प्रणाम	
2 ND WEEK	भाषा, वर्ण विचार, विलोम शब्द	
3 RD WEEK	आत्मनिर्भरता	
4 TH WEEK	संज्ञा, वर्तनी Activity (□□□□□□□□□□ पढ़ने की प्रतियोगिता)	

APRIL

CHAPTER/TOPIC		TEACHING PERIODS
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1 ST WEEK	□□□, मुहावरे, □□□□, अशुद्ध वाक्य□□ □□ शुद्ध करो	
2 ND WEEK	सर्वनाम, □च□, मीरा के पद	
3 RD WEEK	Revision	
4 TH WEEK	Pre -Mid Examination	

MAY

CHAPTER/TOPIC		TEACHING PERIODS
1. विष्णु का आंचल: कुल्लू 2. विष्णु विष्णु का आंचल विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल		
1 ST WEEK	देवताओं का आंचल: कुल्लू	
2 ND WEEK	विशेषण, क्रिया	
3 RD WEEK	अनुच्छेद लेखन Activity (क्रियाकलाप -अनुच्छेद लेखन की प्रतियोगिता)	
4 TH WEEK	विष्णु, मुहावरे, विष्णु	

JUNE

CHAPTER/TOPIC		TEACHING PERIODS
1. विष्णु का आंचल 2. विष्णु का आंचल विष्णु का आंचल विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल		
1 ST WEEK	चण्डिका गांव की ओर, भोले राम का जीव	
2 ND WEEK	पत्र लेखन, विष्णु, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल, विष्णु का आंचल	
3 RD WEEK	Revision	
4 TH WEEK	Mid term Examination	
5 TH WEEK		

JULY

CHAPTER/TOPIC		TEACHING PERIODS
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1 ST WEEK	Mid Term Examination	
2 ND WEEK	अतिरिक्त पठन(□□□□□□□□□□□□)	

3 RD WEEK	अविकारी शब्द,पर्यायवाची, □□□□ □□ □□□□□
4 TH WEEK	उपसर्ग/ प्रत्यय, समास Activity(क्रियाकलाप- नाटक) related to the chapter

AUGUST

CHAPTER/TOPIC □. □□□□□□□ □□ □□ □. □□□□□□□□□□ □□□□□□ □□□ □□□□ □□□□,□□□□□ □□□□□,□□□□□ □□□□□□□	
	TEACHINGPERIODS
1 ST WEEK	तूफानों की ओर
2 ND WEEK	□□□□□□□□र्थ
3 RD WEEK	पत्र लेखन
4 TH WEEK	विराम चिन्ह, □□□□□ □□□□□□□
5 TH WEEK	Activity (□□□□□□□□□□ -पत्र लेखन की प्रतियोगिता)

SEPTEMBER

CHAPTER/TOPIC □.□□□□□□□□□ □□ □□□□□□□□□□ □□□ □□ □.□□□□□□□□ □□□ (□□ □□□ □□ □□□□□) □□□□□□□ □□□ □□□□ □□□□,□□□□□□□□□ □□□□	
	TEACHINGPERIODS
1 ST WEEK	रामेश्वरम से राष्ट्रपति भवन तक, अनुच्छेद लेखन
2 ND WEEK	अतिरिक्त पठन(एक □□त की कहानी), □□□□ □□□□
3 RD WEEK	Revision
4 TH WEEK	Post- Mid Examinaton

OCTOBER

CHAPTER/TOPIC □. □□□□□□□□ □□□ (□□□□□ □□ □□) □□□□□□□ □□□	
	TEACHINGPERIODS

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1 ST WEEK	अतिरिक्त पठन (कुदरत □□ □□)
2 ND WEEK	□□□□□
3 RD WEEK	अविकारी शब्द, पर्यायवाची
4 TH WEEK	Activity(क्रियाकलाप -□□□□□□□□ लेखन की प्रतियोगिता)

NOVEMBER

CHAPTER/TOPIC □□□□□ □□ □□□□□□ □□□, □□□□□□□□ □□□□ Revision		TEACHING PERIODS
1 ST WEEK	दृश्य पर आधारित लेख, □□□□□□□□ □□□□	
2 ND WEEK	Revision	
3 RD WEEK	Revision	
4 TH WEEK	Final term Examination	

DECEMBER

CHAPTER/TOPIC		TEACHING PERIODS
1 ST WEEK		
2 ND WEEK		
3 RD WEEK		
4 TH WEEK		



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SYLLABUS BREAKUP – 2025/ 26

[Grade: VII]

COMPUTER

MARCH

CHAPTER 1 NUMBER SYSTEM (Theory) CHAPTER 2 PHOTOSHOP- INTRODUCTION (Practical)		TEACHING PERIODS
		12
1 ST WEEK	<ul style="list-style-type: none">• Introduction to Number System• Positional Number Systems• Decimal, Binary	
2 ND WEEK	<ul style="list-style-type: none">• Octal, Hexadecimal• Conversion of Number System• Decimal to binary• Binary to decimal	
3 RD WEEK	<ul style="list-style-type: none">• Decimal to octal• Decimal to hexadecimal• Bits and bytes• Book work• Activity: Conversions	
4 TH WEEK	<ul style="list-style-type: none">• Introduction to Photoshop• Working with Photoshop• Using Photoshop tools	

APRIL

CHAPTER 2 PHOTOSHOP- INTRODUCTION (Practical)		TEACHING PERIODS
		06
1 ST WEEK	<ul style="list-style-type: none">• Selection tools• Moving the selection	
2 ND WEEK	<ul style="list-style-type: none">• Color modes• Color balance• Filters in Photoshop	
3 RD WEEK	REVISION	
4 TH WEEK	PRE-MID EXAMINATION	

MAY

CHAPTER 3 PHOTOSHOP- WORKING WITH LAYERS (Practical) CHAPTER 4 COMPUTER VIRUS (Practical)		TEACHING PERIODS
		15

1 ST WEEK	<ul style="list-style-type: none"> • Layers in Photoshop • Creating and adding layers
2 ND WEEK	<ul style="list-style-type: none"> • Working with layers • Flattening and merging layers • Transforming a layer • Blend modes
3 RD WEEK	<ul style="list-style-type: none"> • Saving a project • Book work • Activity: Editing an image
4 TH WEEK	<ul style="list-style-type: none"> • Introduction to Computer Virus • Examples of virus
5 TH WEEK	<ul style="list-style-type: none"> • Sources of virus • Antivirus program • Precautions against virus

JUNE

CHAPTER 5 ANIMATE – LAYERS AND ANIMATION		TEACHING PERIODS
		06
1 ST WEEK	<ul style="list-style-type: none"> • Importing graphics • Working with layers in timeline • Adding a mask layer 	
2 ND WEEK	<ul style="list-style-type: none"> • Animation in animate • Frame-by-frame animation • Using tween 	
3 RD WEEK	REVISION	
4 TH WEEK	MID-TERM EXAMINATION	

JULY

CHAPTER 6 INTERNET- ETHICS AND SAFEGUARD		TEACHING PERIODS
		03
1 ST WEEK	MID-TERM EXAMINATION	
2 ND WEEK	<ul style="list-style-type: none"> • Internet • Protecting yourself from potential threats on web • Role of parents and teachers 	
3 RD WEEK		
4 TH WEEK		
5 TH WEEK	SUMMER BREAK	

AUGUST

CHAPTER 7 HTML5- CREATING WEB PAGES USING CSS CHAPTER 8 HTML5- IMAGES, LINKS AND TABLES		TEACHING PERIODS
		12
1 ST WEEK	<ul style="list-style-type: none"> • Introduction to HTML • HTML elements • Creating and saving a web page 	

2 ND WEEK	<ul style="list-style-type: none"> • Basic HTML tags • Displaying web page in a web browser • CSS
3 RD WEEK	<ul style="list-style-type: none"> • Formatting text • Book Work • Activity: creating a web page
4 TH WEEK	<ul style="list-style-type: none"> • Images in web pages • Creating list

SEPTEMBER

CHAPTER 8 HTML5- CREATING WEB PAGES USING CSS		TEACHING PERIODS
		06
1 ST WEEK	<ul style="list-style-type: none"> • Links in web pages • Tables in web pages 	
2 ND WEEK	<ul style="list-style-type: none"> • Introduction to python • Python operators 	
3 RD WEEK	REVISION	
4 TH WEEK	POST-MID EXAMINATION	

OCTOBER

CHAPTER 9 PYTHON-LOOPING AND TKINTER GUI CHAPTER 10 PYTHON-LOOPING AND TKINTER GUI		TEACHING PERIODS
		06
1 ST WEEK	<ul style="list-style-type: none"> • Conditional statements • Python Turtle • Activity: Creating a program in python 	
2 ND WEEK	<ul style="list-style-type: none"> • Introduction to AI • SDGs • Ethical Concerns 	
3 RD WEEK	<ul style="list-style-type: none"> • Activity 	
4 TH WEEK		

NOVEMBER

CHAPTER/TOPIC		TEACHING PERIODS
		23
1 ST WEEK	REVISION	
2 ND WEEK	REVISION	
3 RD WEEK	FINAL TERM EXAMINATION	
4 TH WEEK	FINAL TERM EXAMINATION	